09 Childcare practice procedures

**09.10 Prime times – Sleep and rest time**

**Young children**

* It is made clear to parents upon registration that there is no sleep facility for children and suitable hours of attendance are agreed based on the child’s needs
* If a child does need to sleep they will be made comfortable on a mat and parents contacted to discuss a plan
* Sleeping children are supervised within sight and/or hearing of staff at all times.

Further guidance

Safer Sleep for Babies (Lullaby Trust) www.lullabytrust.org.uk/safer-sleep-advice